

Family and Consumer Sciences

FCS800

8th Grade Des Moines Public Schools

2018-2019 CURRICULUM GUIDE

The Des Moines Public Schools Curriculum guide contains the prioritized standards, required pacing, materials and resources, and assessment correlates for the school year. This document is intended to be used in conjunction with the District Assessments and classroom assessments to scaffold our students in mastery of the Iowa Core State Standards.

	Suggested	
Resources Textbook: Family & Consumer Sciences Health Custom Ed FDA.gov Corlox stain removal Nutrition Match Game -> Quiz Nutrition Label Quiz Everfi.com Target.com School House Rock- Money Checking Accounts 101 Parts of a Pay Stub Millennial Job Interview	Super Tracker Foodsafety.gov Choices Magazine Kids Health Good Hygiene – learn 360 Laundry Blues - learn360 5,4,3,2,1+8 Count Down to your Health - Learn360 Nutrient Basics - Learn360 Food Label and you Nutrition Labels Explained - EdPuzzle How to Adult	
Topics Topic 1: Planning for the Future Topic 2: Personal Finance Topic 3: Food and Nutrition		
Evidence of Learning Pre and Post Survey Product (food products, sewing projects, posters, written projects, etc...) CFA		

Scales

Topic	Goal	2	3	4
Planning for the Future NASAFACTS Standard 1.2: Demonstrate transferable and employability skills in schools, community and workplace settings.	Students will be able to generate a plan to successfully acquire and keep employment.	<p>Students will recall and explain specific vocabulary such as:</p> <ul style="list-style-type: none"> Hygiene, interview, interpersonal communication, mend, clothing care labels, application, reference, goals, success. <p>Students demonstrate they have developed the ability to:</p> <ul style="list-style-type: none"> Explain the relationship between short-term and long-term goal. Explain how appropriate verbal, nonverbal, and written communication enhance success. Differentiate between appropriate and inappropriate dress. Summarize effective ways to maintain and repair wardrobe. 	<p>Students demonstrate they have developed the ability to:</p> <ul style="list-style-type: none"> Develop a plan to achieve a goal. Apply professional communication skills to acquire a job; including filling out a job application. Analyze appearance and wardrobe for an interview. Maintain and repair wardrobe. 	<p>In addition to score 3.0 performance, the student demonstrates in-depth inferences and applications that go beyond the learning goal.</p>

<p>Food and Nutrition</p> <p>NASAFACS Standard 14.2: Evaluate the nutritional needs of individuals and families in relation to health and wellness across the life span.</p>	<p>Students will be able to use their knowledge to make and create healthy food choices to enhance their future well-being.</p>	<p>Students will recall and explain specific vocabulary such as: Eating disorders, obesity, credit, checking account, debit, savings account, loan, blood pressure, calorie, credit card, deposit, metabolism, nutrients, budget, daily value, unit price, half, income, expense, needs, double, nutrition label, wants, pay check, stub, net income, gross income, deductions fee.</p> <p>Students demonstrate they have developed the ability to:</p> <ul style="list-style-type: none"> Identify parts of nutrition labels. <p>Students demonstrate they have developed the ability to:</p> <ul style="list-style-type: none"> Calculate unit price. Explain how to alter a recipe. Compare banking services. Explain how the six essential nutrients function in the body. Classify food choices as healthy or unhealthy. Differentiate between choices affect their future 	<p>Students demonstrate they have developed the ability to:</p> <ul style="list-style-type: none"> Analyze consumer information including the food label, unit price, and marketing techniques. Analyze banking services, including checking, savings, and credit in order to make safe and responsible decisions. Prioritize nutritional health to protect against food related disease. Analyze societal and personal issues that encourage poor nutritional habits and eating disorders. 	<p>In addition to score 3.0 performance, the student demonstrates in depth inferences and applications that go beyond the learning goal.</p>